



Activity	G	P	I
I like to wake up	as early as possible	just in time to get to work	what makes you think I like to wake up?
When I wake up, I'm	alert and happy	anxious about what the day will bring	grumpy and sluggish
The first thing I want to do in the morning is	meditation / yoga practice	a vigorous workout / drink coffee	go back to sleep
I usually look at my e-mail and social media	after breakfast and some time to get grounded	immediately / always	whatever... eventually
My heroes are people who	engage in selfless work for others	accomplish great things	are expert at cheating
I like to eat food that is	simple, wholesome, and easy to make	spicy and sweet and gives immediate pleasure to the senses	leftovers, warm beer and cold pizza, hamburgers and hot dogs
Sometimes you have to	do things just because it's your duty to do it without any expectation of reward	take pride in your own accomplishments	avoid doing things when there's nothing in it for you
The best way to learn something is to	hear from someone who has knowledge about the subject	develop lots of different theories and test them to see which one works	why bother: I already know everything.

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The one thing I can't tolerate is	the suffering of others	people who don't know how to drive	people who are luckier than I am
When someone disagrees with me I want to	consider their point of view and, if I still disagree, respectfully reject it.	argue with them until they realize that I'm right	punch them in the head
At 4:20 in the afternoon I'm thinking about	whatever happens to be occupying this moment in my day	how much I still have to do and how I'm going to do it	getting high
If I could live anywhere I wanted I'd live	in a peaceful place in the country, near trees	in the city, downtown where the action is	I don't know
In an emergency, my priority is to	control my mind and keep a clear head	protect myself and those I care about	wish it would go away

SCORE

